

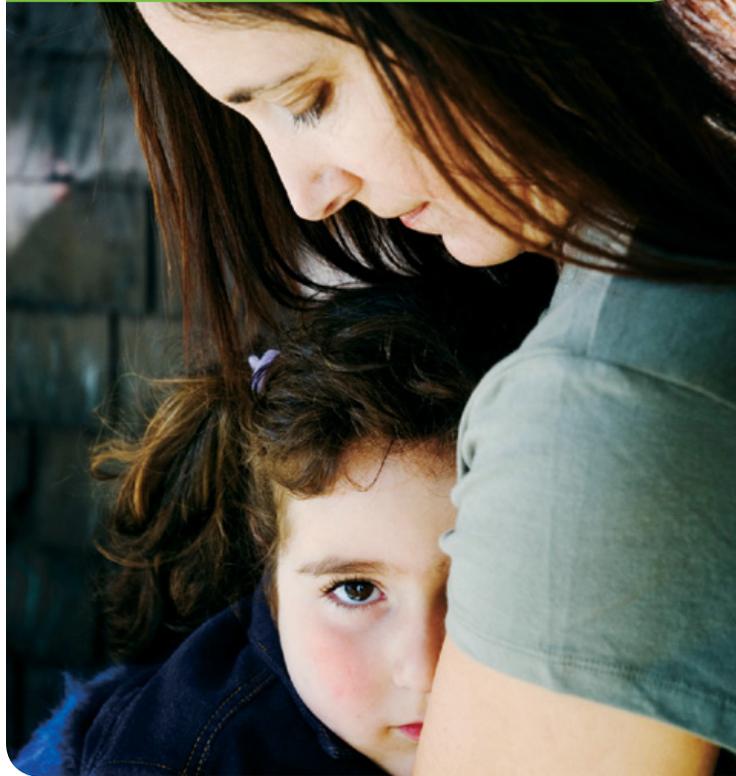
It's time.

Our work does not make for splashy headlines. We don't serve statistics. We help people. Real people with strengths and flaws, with challenges and triumphs, with stories worth hearing and lives worth living.

The *Sign of Hope* fundraising campaign supports Catholic Social Services in making a real difference in the lives of people of all faiths and cultures.

It's time to meet some of the people your donation helps.

It's time ...to end the cycle of abuse.



Sheri-Lynn's bruises had not yet completely faded when her allotted time at the women's emergency shelter was up. With few resources and no family in town, she and her children would have faced the prospect of going back to a violent situation, if not for **La Salle**. At **La Salle**, Sheri-Lynn and her children have a safe place to rebuild their lives and break the cycle of abuse.

A "second-stage" shelter, **La Salle** offers mothers and their children the time and support necessary to achieve lasting security and transition to a healthier lifestyle.

It's time ...to build community.



Asad is no stranger to fear. Living in a war-torn country, he made the very courageous decision to escape so his family could live unafraid. Their perilous journey brought them to the safety of our city. Yet uncertainty remained. How would Asad improve his English? Seek employment? Find out about schooling for his children? Answers came in the form of a volunteer family in the **Cultural Links** program. With this sense of connection to the community, Asad's family is more than just safe; they have found a place to call "home."

Over 6,000 people have participated in **Cultural Links** since 1988, enriching the lives of newcomer and volunteer families alike.

It's time ...for brighter futures.



Growing up isn't easy for anyone, but the odds were stacked against Taylor before he was even born. Living with Fetal Alcohol Spectrum Disorder (FASD) has made his life a repeating cycle of trouble in school, with the law, and with substance abuse. A mentor from the **McDaniel Youth Program** is working with Taylor to strengthen his life skills, make positive choices, and beat those odds.

One of four programs that address Fetal Alcohol Spectrum Disorder (FASD), the **McDaniel Youth Program** provides mentorship support to youth aged 14 to 19, helping them transition into adulthood.

Please give.

Online www.signofhope.ab.ca

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Monthly through your credit card
or automatic bank withdrawal